

Volunteer at our MA, Yoga & Tai Chi School in Berlin (Germany)

Germany, Berlin



Mariam & Stefan & Joan & Master Dao

Resident Hosts

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In this society that is pushing us to be isolated and lonely, we use the power of the group to have a different mind and different life.

Languages spoken: **German, English**

Response rate: **22%**

Response time **over a week**



Mariam & Stefan & Joan & Master Dao are part of:
Sai Tai Chi Dao

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Basic information

Stay duration: min 21 day(s)

Minimum Age: 18+

Places available 6 helpers
for:

We are a community running a little school of martial arts, Yoga, Tai Chi, and much more. We live all together in Berlin and we have also non-profit organisation to realise humanitarian actions around the world. We are students and trainers who are very different, because with our practice we want to step out of the usual systems of the society, to overcome its limitations but also our own limitations and fears.

For love and respect the of the life, we maintain a healthy lifestyle by training, learning and eating vegetarian/vegan. As we are a new school that is growing, we are looking for volunteers who are interested in a long term stay to become future teachers/trainers: even if you are a beginner, you can have the chance to improve your level, get a diploma and start teaching your own classes.

For beginners and short term volunteers mainly we would like help with cleaning, construction, and/or simple jobs in the house and in the schools to cover your stay.

A bit more about the school:

Master Dao, the founder s a Shaolin monk, expert of Kung Fu, Karate, Yoga, Tai Chi, Chi Kong, Aikido and other disciplines, he is also psychologist and osteopath. Nevertheless we don't focus exclusively on martial arts and the physical practice, but we do something wider, that makes the teaching very complete, both in the physical and intellectual side. We mix the physical practice of the martial arts, taught through games and funny practices, with, yoga, Tai chi, dancing, meditation, the spiritual teachings of the Shaolin tradition and the latest psychological and scientific discoveries. Whatever your level, beginner or experienced, you will discover that the discipline we teach is completely different from the others and that the path of learning is still long.

Our teaching is based on the values of peace, harmony and brotherhood. We don't have a specific religion and we believe in the freedom of everyone. The most important to become a teacher is not only to understand but also to embody the spirit and the philosophy of our school: we look for people who are committed and motivated, who love to learn and to practice, open minded, honest and clear. People who desire to get free from the limitations of the society and fight its injustices.

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